

course application

mail your application to:

INSPIRE HEALTH, 1800 Peachtree St. NW, Suite 420, Atlanta, GA 30309 (or fax to: 404.605.7178)

Please visit the STOTT PILATES® website for full description of each course: www.stottpilates.com/education/prog_intensive.html

contact information *please print*

name:		company name (if applicable):	
<hr/>			
address:			
<hr/>			
city:	prov. / state:	country:	postal / zip code:
<hr/>			
telephone day:	evening:	email:	
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course registration

Applications must be accompanied by a detailed resume / CV outlining education and experience, two letters of references, a deposit of 20% of the course fee and a deposit of 20% of the materials fee. Space is limited and applications will be processed on a first-come-first-served basis. Space will **ONLY** be reserved upon the receipt of all application materials and deposit.

Prices are subject to change without notice. Fees for courses and workshops do not include required course materials or applicable taxes. Course fees are due two weeks before course start date. **Deposits and course fees are non-refundable. Deposits are non-transferable.** For full details on our registration and cancellation policy, contact us.

comprehensive program

- | | |
|---|---|
| <input type="checkbox"/> CMR Comprehensive Matwork & Reformer – 90 hrs + 60 hrs apprenticeship | <input type="checkbox"/> CCCB Comprehensive Cadillac, Chair & Barrels – 50 hrs + 40 hrs apprenticeship |
| <input type="checkbox"/> ISP Injuries & Special Populations – 24 hrs | <input type="checkbox"/> AM, AR, ACCB Advanced Repertoire – 36 hrs |
| <input type="checkbox"/> FULL [CMR, CCCB, ISP, AMP, AR, ACCB] – 7 month program + 100 hrs apprenticeship | |

intensive program

- | | |
|---|--|
| <input type="checkbox"/> IMP Intensive Mat-Plus™ – 40 hrs | <input type="checkbox"/> AM Advanced Matwork – 6 hrs |
| <input type="checkbox"/> IR Intensive Reformer – 50 hrs | <input type="checkbox"/> AR Advanced Reformer – 18 hrs |
| <input type="checkbox"/> ICCB Intensive Cadillac, Chair and Barrels – 50 hrs | <input type="checkbox"/> ACCB Advanced Cadillac, Chair and Barrels – 12 hrs |
| <input type="checkbox"/> ISP Injuries & Special Populations – 24 hrs | |

inspire health

The Macquarium Building • 1800 Peachtree St. NW, Suite 420 • Atlanta, GA 30309
Phone 404.605.9091 Fax 404.605.7178 info@inspirepilates.com
www.inspirepilates.com

course application (cont'd)

course registration (cont'd)

group spx™ program

- | | |
|---|---|
| <input type="checkbox"/> GM1 Group SPX Mat-Plus, Module 1 – 25 hrs | <input type="checkbox"/> GR1 Group SPX Reformer, Module 1 – 30 hrs |
| <input type="checkbox"/> GM2 Group SPX Mat-Plus, Module 2 – 15 hrs | <input type="checkbox"/> GR2 Group SPX Reformer, Module 2 – 20 hrs |

rehabilitation program

- | |
|--|
| <input type="checkbox"/> RMR1 Lumbar & Shoulder Girdle Stabilization; Matwork & Rehab Reformer – 24 hrs |
| <input type="checkbox"/> RCCB1 Lumbar & Shoulder Girdle Stabilization; Cadillac, Chair & Barrels – 24 hrs |
| <input type="checkbox"/> RMR2 Peripheral Joint Rehabilitation; Matwork & Rehab Reformer – 24 hrs |
| <input type="checkbox"/> RCCB2 Peripheral Joint Rehabilitation; Cadillac, Chair & Barrels – 24 hrs |

crossover workshops

- | |
|--|
| <input type="checkbox"/> XMG Crossover from Intensive Mat-Plus Training to Group Training – 6 hrs |
| <input type="checkbox"/> XRG Crossover from Intensive Reformer Training to Group Training – 6 hrs |
| <input type="checkbox"/> XMP Crossover from Group SPX Mat-Plus to Personal Training – 10 hrs |
| <input type="checkbox"/> XRP Crossover from Group SPX Reformer to Personal Training – 10 hrs |

start date requested

payment method

- | | | | | | | |
|---------------------------------------|---------------------------------------|-------------------------------------|-------------------------------|-----------------------------------|--------------------------------|--------------------------------------|
| <input type="checkbox"/> deposit only | <input type="checkbox"/> full payment | <input type="checkbox"/> MasterCard | <input type="checkbox"/> VISA | <input type="checkbox"/> Discover | <input type="checkbox"/> check | <input type="checkbox"/> money order |
|---------------------------------------|---------------------------------------|-------------------------------------|-------------------------------|-----------------------------------|--------------------------------|--------------------------------------|

account number:		exp:	
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name on card:	signature:
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reference letters

Letters should reflect course prerequisites, your teaching abilities and character

course application (cont'd)

relevant education

Please list related degrees, diplomas, postsecondary or certificate courses and workshops

Describe anatomy education: Include number of hours, when / where you studied and what topics were covered

(e.g. musculoskeletal, anatomy, biomechanics)

college / university course

workshop / other

List related certification (please specify: eg. ACE, AFAA)

relevant experience

Outline your teaching experience (describe subject taught / years teaching)

Describe your personal experience in dance, fitness or other body work (how many years / how recently)

Outline your pilates experience (describe when & where, indicate STOTT PILATES or other) none 1-10 hrs 10-30 hrs 30+ hrs

course application (cont'd)

personal information

Do you have any injuries, (including current or recent pregnancy) or postural issues?

Failure to disclose any injuries, conditions or postural issues prior to enrollment may result in your removal from the course or the modification of course repertoire for you individually.

How did you hear about STOTT PILATES and its education program?

Why are you interested in becoming a pilates instructor?

Are you using this course to fulfill continuing education credits? Yes No If so, for what organization?

I plan to attend all course hours: Yes No

I hereby certify that the information provided on this application is accurate.

I understand that failure to provide accurate information may result in my removal from the certification program.

I have included the following:

- 20% non-refundable / non-transferable course fee deposit
- 20% non-refundable / non-transferable course materials deposit
- Two letters of reference
- Detailed resume / CV of education / experience

Applications that do not include the above will not be processed.

signature:

date:

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